

CERTIFICATE OF PARTICIPATION

This is to certify that

**Liam Benade van
Niekerk**

Has successfully participated & completed the

5km Shift Wellness - Winter Wellness Trail Series

held at Walter Sisulu Garden.

TIME 00:34:17

PACE 06:51/km

OVERALL 5 of 41

GENDER 3 of 9

< 13 2 of 3

21 July 2019, Sun

Date



BoutTime

Signature

